

Sex Love & Porn Addiction (SLPA)

Recovery Programme



**Do you know of someone struggling with Sex,
Love or Porn issues?**

Seek help early and arrest the problem.

The lack of ability to curb these behaviours can cause substantial distress to one's emotional health and can have an adverse impact on close intimate relationships.

At WE CARE, we aim to provide accessible and professional help for individuals and families struggling with various forms of addictions. We provide a safe environment for the individual and family to work on their issue and effect long-lasting change.

Do you or someone you know have:

- Frequent desire for sex that leads to illicit and/or dangerous actions?
- Sexual thoughts and behaviours that affected your health, money, career and personal or professional relationships?
- Anxieties and worries with fetish related activities
- Obsessions with sexual activities and pornography



Get Help Now!
help@wecare.org.sg
Tel: 6547 5459

***Need more information?
Call or email us now.***

All enquiries are handled with strict confidentiality.

SLPA Programme

The **SPLA (Sex Porn Love Addiction) Recovery** Programme is a structured therapy programme designed for people with sex, love and porn addictions. Counselling is provided by trained addiction specialists.

Basic programme components:

- 6 individual sessions
- 2 family sessions
- 4 group sessions (optional)

Depending on needs, some clients may require further sessions after the initial phase of programme.

WE CARE Community Services

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